The Charley Relays

When: August 22, 2019

Where: Buckner Park, Dickson TN

Fee: $50.00 per school

Middle Schools-4:45pm 3x1K

High Schools-5:15pm

5x1000m Girls then boys

4x1000m Co-Ed Relay 2 girls and 2 boys

This early season event will be a great way to check the fitness of your team without each runner running a full 5K.

Each high school team will select 5 runners per team to run their 5000 meter race. Each runner will run 1000 meters and then hand a baton off to a teammate. After the 5k’s we will then have a HS 4x1000 meter co-ed relay. Great team building race!

Middle Schools will run 3000 meters with it being 3x1000 meters per team.

Any additional runners not a relay team will run on the first leg of the race and be given a finish time.

Schools are encouraged to have multiple teams.

The winning team in each division and gender will receive a unique award in memory of Coach Charley Pruitt.