

MIDSTATE XC

ASSOCIATION ALMANAC

1979-2016

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*Compiled originally by one of the league founders, Don McPheron (Gallatin)
Maintained by Luke Finley (Independence) and Eric Hickerson (Dickson County)*

ALL-MIDSTATE "MOST VALUABLE" RUNNERS

		GIRLS MVP	BOYS MVP
1979	---	Debbie Hancock (Dickson County)	John Young (Manchester Central)
1980	---	Debbie Hancock (Dickson County)	John Krawulski (Brentwood Academy)
1981	---	Miriam Hines (Tullahoma)	Fred Whelan (Dickson County)
1982	---	Sandy Jones (Northwest)	Fred Whelan (Dickson County)
1983	---	Anita Wilborn (Northwest)	Jerry Malone (Gallatin)
1984	---	Lisa Koch (Clarksville High)	Bob Whelan (Dickson County)
1985	---	Lisa Koch (Clarksville High)	Bob Whelan (Dickson County)
1986	---	Denna Gasaway (Northwest)	Greg McMillan (Dickson County)
1987	---	Lisa Hunley (Brentwood Academy)	Mike Helton (Brentwood Academy)
1988	---	Lisa Hunley (Brentwood Academy)	Chris Bolin (Brentwood Academy)
1989	---	Ashley Lawler (Brentwood Academy)	Barry McGraw (Riverdale)
1990	---	Ashley Lawler (Brentwood Academy)	Matt Harber (Gallatin)
1991	---	Ashley Lawler (Brentwood Academy)	Jason Cayce (Northeast)
1992	A-AA AAA	Ashley Lawler (Brentwood Academy) Emily Parker (Riverdale)	Mark Cusomato (Battle Ground Academy) Matt Harber (Gallatin)
1993	A-AA AAA	Andrea Davis (Waverly Central) Sabrina Phillips (Gallatin)	Destin Tompkins (Brentwood Academy) Josh Knight (Dickson County)
1994	A-AA AAA	Andrea Davis (Waverly Central) Colleen O'Shea (Brentwood)	Destin Tompkins (Brentwood Academy) Josh Knight (Dickson County)
1995	A-AA AAA	Andrea Davis (Waverly Central) Sabrina Phillips (Gallatin)	Brad Slayden (Battle Ground Academy) J.B. Haglund (Brentwood High)
1996	A-AA AAA	Kristin Conniff (Brentwood Academy) Sabrina Phillips (Gallatin)	Scott Creel (Battle Ground Academy) Richard Cayce (Northeast)
1997	A-AA AAA	Channel Lemon (Montgomery Central) Erin MacBeth (Oakland)	Matt Peabody (Brentwood Academy) Frank Ward (Kenwood)
1998	A-AA AAA	Whitney Thurman (Brentwood Academy) Erin MacBeth (Oakland)	Ryan Malloy (Brentwood Academy) John Welsh (Tullahoma)
1999	A-AA AAA	Whitney Thurman (Brentwood Academy) Erin MacBeth (Oakland)	Dan Scott (Brentwood Academy) John Welsh (Tullahoma)
2000	A-AA AAA	Whitni Wonderlin (BGA) Elizabeth Benson (Gallatin)	Brad Polley (Brentwood Academy) LaBronn Anderson (LaVergne)
2001	A-AA AAA	Kori Bledsoe (Fairview) Julie Ann Crouch (Rossvie)	Brad Polley (Brentwood Academy) LaBronn Anderson (LaVergne)
2002	A-AA AAA	Candace Cross (Friendship Christian) Jamie Babb (Northwest)	Andrew Bumbalough (Brentwood Academy) Justin Birdwell (Cookeville)
2003	A-AA AAA	Kori Bledsoe (Fairview) Rachel Hanson (Rossvie)	Andrew Bumbalough (Brentwood Academy) K.C. Thomas (Tullahoma)
2004	A-AA AAA	Alyssa Mankin (Brentwood Academy) Jamie Babb (Northwest)	Andrew Bumbalough (Brentwood Academy) Clay Hannah (Lebanon)
2005	A-AA AAA	Alyssa Mankin (Brentwood Academy) Megan Williams (Tullahoma)	Clay Adams (Brentwood Academy) Clay Hannah (Lebanon)
2006	A-AA AAA	Joslyne Serna (Creek Wood) Rachel Hanson (Rossvie)	Clay Adams (Brentwood Academy) Chris Berry (Blackman)
2007	A-AA AAA	Joslyne Serna (Creek Wood) Markie Voyles (White County)	Brandon Mahaney (Macon County) Zeek Rainey (Rossvie)
2008	A-AA AAA	Kaylor Murray (Brentwood Academy) Kathy Kroeger (Independence)	Brandon Mahaney (Macon County) Jacob Rainey (Rossvie)
2009	A-AA AAA	Samantha Wilson (Brentwood Academy) Kaycee Grimes (Rossvie)	Sam Roberson (Brentwood Academy) Jacob Rainey (Rossvie)
2010	A-AA AAA	Mia Elbon (Sovereign Grace) Hannah Denton (Dickson Co.)	Baylor McKay (Brentwood Academy) Brock Baker (Oakland)
2011	A-AA AAA	Lauren Carmody (Sovereign Grace) Nicole Gardner (Siegel)	Garrett Bull (Brentwood Academy) Connor Thompson (Oakland)

2012	A-AA AAA	Allison Cheeseman (Brentwood Academy) Julia Rizer (Beech)	Brown Bailey (Brentwood Academy) Brock Baker (Oakland)
2013	A-AA AAA	Allison Cheeseman (Brentwood Academy) Hannah Caldwell (Brentwood)	Andre Hillsman (Central Magnet) Alec Thomas (Brentwood)
2014	A-AA AAA	Taylor Cuneo (Central Magnet) Annika Sleenhof (Ravenwood)	Will Boling (Brentwood Academy) Gavin Hasty (Brentwood)
2015	A-AA AAA	Taylor Cuneo (Central Magnet) Hailey Hendry (Brentwood)	Joshua Bell (Brentwood Academy) Brodey Hasty (Brentwood)
2016	A-AA AAA	Meredith Helton (Brentwood Academy) Annika Sleenhof (Ravenwood)	Carter Cheeseman (Brentwood Academy) Taylor Vroon (Brentwood)

MIDSTATE PRESEASON MEET / VOYLES CLASSIC CHAMPIONS

		GIRLS TEAM WINNER	BOYS TEAM WINNER
1982	---	Northwest	Northwest
1983	---	Tullahoma	Gallatin
1984	---	Tullahoma	Brentwood Academy
1985	---	Gallatin	Dickson County
1986	---	Gallatin	Dickson County
1987	---	Brentwood Academy	Brentwood Academy
1988	---	Northwest	Brentwood Academy
1989	---	Brentwood Academy	Brentwood Academy
1990	---	Gallatin	Brentwood Academy
1991	---	Brentwood Academy	Brentwood Academy
1992	---	Brentwood Academy	Gallatin
1993	---	Brentwood Academy	Brentwood Academy
1994	---	Brentwood Academy	Brentwood Academy
1995	---	Brentwood Academy	Brentwood High
1996	---	Brentwood Academy	Riverdale
1997	---	Gallatin	Riverdale
1998	---	Oakland	Northeast
1999	---	Oakland	Oakland
2000	---	Brentwood Academy	Brentwood Academy
2001	---	Brentwood Academy	Brentwood Academy
2002	East West	Brentwood Academy Kenwood	Brentwood Academy Tullahoma
2003	East West	Brentwood Academy Kenwood	Brentwood Academy Tullahoma
2004	East West	Brentwood Academy Siegel	Brentwood Academy Tullahoma
2005	East West	Brentwood Academy Cookeville	Brentwood Academy Siegel
2006	East West	Brentwood Academy Siegel	Brentwood Academy Siegel
2007	Mankin/Bumbalough McBeth/Whelan	Brentwood Academy Siegel	Macon County Rossvie
2008	Mankin/Bumbalough McBeth/Whelan	Brentwood Academy Independence	Station Camp Macon County
2009	Mankin/Bumbalough McBeth/Whelan	Brentwood Academy Sovereign Grace	Oakland Station Camp
2010	Benson/Mahaney Kroeger/Sexton	Sovereign Grace Siegel	Independence Brentwood Academy
2011	Benson/Mahaney Kroeger/Sexton	Independence Station Camp	Independence Oakland
2012	Benson/Mahaney Kroeger/Sexton	Station Camp Sovereign Grace	Independence Brentwood Academy
2013	Benson/Mahaney Kroeger/Sexton	Brentwood Brentwood Academy	Brentwood Brentwood Academy
2014	---	Brentwood	Ravenwood
2015	---	Brentwood	Brentwood
2016*	A-AA AAA	Central Magnet Brentwood Academy	Central Magnet Brentwood

* - A-AA schools could opt up to run the AAA race

MIDSTATE ASSOCIATION CHAMPIONS

	GIRLS TEAM CHAMPION	BOYS TEAM CHAMPION
1979	Tullahoma	Northwest
1980	Tullahoma	Northwest
1981	Tullahoma	Dickson County
1982	Tullahoma	Dickson County
1983	Tullahoma	Brentwood Academy
1984	Brentwood Academy	Brentwood Academy
1985	Gallatin	Dickson County
1986	Gallatin	Dickson County
1987	Northwest	Brentwood Academy
1988	Northwest	Brentwood Academy
1989	Brentwood Academy	Brentwood Academy
1990	Brentwood Academy	Brentwood Academy
1991	Brentwood Academy	Northeast
1992	Brentwood Academy	Gallatin
1993	Brentwood Academy	Brentwood Academy
1994	Brentwood Academy	Brentwood High
1995	Northwest	Brentwood High
1996	Gallatin	Riverdale
1997	Oakland	Oakland
1998	Oakland	Northeast
1999	Oakland	Brentwood Academy
2000	Brentwood Academy	Oakland
2001	Brentwood Academy	Brentwood Academy
2002	Brentwood Academy	Tullahoma
2003	Brentwood Academy	Brentwood Academy
2004	Brentwood Academy	Brentwood Academy
2005	Brentwood Academy	Brentwood Academy
2006	Brentwood Academy	Brentwood Academy
2007	Brentwood Academy	Rossvie
2008	Brentwood Academy	Brentwood Academy
2009	Brentwood Academy	Oakland
2010	Sovereign Grace	Independence
2011	Station Camp	Brentwood Academy
2012	Beech	Brentwood Academy
2013	Brentwood	Brentwood
2014	Ravenwood	Brentwood
2015	Brentwood	Brentwood
2016	AAA: Ravenwood A-AA: Central Magnet	AAA: Brentwood A-AA: Central Magnet

Midstate XC Association Coaches of the Year

1995	---	Dennis King	Brentwood High
1996	---	Jerry Weaver	Riverdale
1997	---	Mark Saltalamachia	Oakland
1998	---	Robert Marchinko	Northeast
1999	Girls Boys	Mark Saltalamachia Charles Harper	Oakland Brentwood Academy
2000	Girls Boys	Cathy Cheeseman Mark Saltalamachia	Brentwood Academy Oakland
2001	Girls Boys	Cathy Cheeseman Charles Harper	Brentwood Academy Brentwood Academy
2002	Girls Boys	Cathy Cheeseman David Muckle	Brentwood Academy Tullahoma
2003	Girls Boys	Cathy Cheeseman Charles Harper	Brentwood Academy Brentwood Academy
2004	Girls Boys	Cathy Cheeseman Charles Harper	Brentwood Academy Brentwood Academy
2005	Girls Boys	Cathy Cheeseman Charles Harper	Brentwood Academy Brentwood Academy
2006	Girls Boys	Cathy Cheeseman Marshall Smith	Brentwood Academy Brentwood Academy
2007	Girls Boys	Cathy Cheeseman Wade White	Brentwood Academy Rossvie
2008	Girls Boys	Cathy Cheeseman Marshall Smith	Brentwood Academy Brentwood Academy
2009	Girls Boys	Phil Young Bob Frech	Siegel Station Camp
2010	Girls Boys	Mike Carmody Luke Finley	Sovereign Grace Independence
2011	Girls Boys	Bob Frech Marshall Smith	Station Camp Brentwood Academy
2012	Girls Boys	Brice Askren Marshall Smith	Beech Brentwood Academy
2013	Girls Boys	Laura Whittaker Derek Youel	Brentwood Brentwood
2014	Girls Boys	Peter Mueller Derek Youel	Ravenwood Brentwood
2015	Girls Boys	Lara Whittaker Billy Anderson	Brentwood Brentwood
2016	Girls Boys Girls Boys	Peter Mueller (AAA) Billy Anderson (AAA) Allen Nichols (A-AA) George Flatau (A-AA)	Ravenwood Brentwood Central Magnet University School of Nashville

Individual State Champions and Runners-Up

1980	John Young	Manchester Central	Champion
1982	Bob Whelan	Dickson County	Champion
1987	Mike Helton	Brentwood Academy	Champion
1987	Tim Lampley	Fairview	Runner-Up
1988	Jim Barnes	Brentwood Academy	A-AA Runner-Up
1991	Destin Tompkins	Brentwood Academy	A-AA Runner-Up
1992	Ashley Lawler	Brentwood Academy	A-AA Runner-Up
1992	Matt Harber	Gallatin	AAA Runner-Up
1994	Destin Tompkins	Brentwood Academy	A-AA Runner-Up
1994	Andrea Davis	Waverly Central	A-AA Champion
1995	Brad Slayden	Battle Ground Academy	A-AA Champion
1997	Erin MacBeth	Oakland	AAA Runner-Up
1998	Erin MacBeth	Oakland	AAA Runner-Up
1999	Erin MacBeth	Oakland	AAA Champion
2000	Elizabeth Benson	Gallatin	AAA Runner-Up
2000	Elizabeth Benson	Gallatin	Foot Locker National Finalist
2000	Whitni Wonderlin	Battle Ground Academy	DII Champion
2001	Whitni Wonderlin	Battle Ground Academy	DII Champion
2001	Kori Bledsoe	Fairview	A-AA Champion
2002	Andrew Bumbalough	Brentwood Academy	DII Champion
2003	Andrew Bumbalough	Brentwood Academy	DII Champion
2003	Andrew Bumbalough	Brentwood Academy	Foot Locker National Finalist
2003	Caitlyn Paquet	Page	A-AA Champion
2003	Ryne Sexton	Station Camp	A-AA Champion
2003	Kelsey Tunney	Brentwood Academy	DII Runner-Up
2004	Ashtin Serna	Creek Wood	A-AA Champion
2004	Alyssa Mankin	Brentwood Academy	DII Runner-Up
2004	Andrew Bumbalough	Brentwood Academy	DII Champion
2004	Andrew Bumbalough	Brentwood Academy	Foot Locker National Runner-Up
2005	Alyssa Mankin	Brentwood Academy	DII Champion
2005	Clay Adams	Brentwood Academy	DII Runner-Up
2005	Clay Hannah	Lebanon	AAA Runner-Up
2005	Clay Hannah	Lebanon	Foot Locker National Finalist
2005	Ashtin Serna	Creek Wood	A-AA Runner-Up
2006	Clay Adams	Brentwood Academy	DII Champion
2006	Eric Schmidt	Brentwood Academy	DII Runner-Up
2006	Brandon Mahaney	Macon County	A-AA Runner-Up
2007	Brandon Mahaney	Macon County	A-AA Champion
2008	Brandon Mahaney	Macon County	A-AA Champion
2008	Kathy Kroeger	Independence	AAA Champion
2010	Brock Baker	Oakland	AAA Runner-Up
2011	Nicole Gardner	Siegel	AAA Runner-Up
2011	Claudia Smith	Central Magnet	A-AA Runner-Up
2011	Allison Cheeseman	Brentwood Academy	DII-AA Runner-Up
2012	Andre Hillsman	Central Magnet	A-AA Runner-Up
2012	Allison Cheeseman	Brentwood Academy	DII-AA Champion
2013	Claudia Smith	Central Magnet	A-AA Champion
2013	Alex Thomas	Brentwood	AAA Runner-Up
2013	Lizzy Kroeger	Independence	AAA Runner-Up
2013	Allison Cheeseman	Brentwood Academy	DII-AA Champion
2014	Brodey Hasty	Brentwood	AAA Runner-Up
2014	Taylor Cuneo	Central Magnet	A-AA Champion
2014	Annika Sleenhof	Ravenwood	AAA Runner-Up
2015	Colin Lamb	Page	A-AA Runner-Up

2015	Brodey Hasty	Brentwood	AAA Champion
2015	Carter Cheeseman	Brentwood Academy	DII-AA Champion
2015	Davis Holliday	Brentwood Academy	DII-AA Runner-Up
2015	Taylor Cuneo	Central Magnet	A-AA Champion
2015	Hailey Hendry	Brentwood	AAA Runner-Up
2015	Claire Cheeseman	Brentwood Academy	DII-AA Champion
2015	Meredith Helton	Brentwood Academy	DII-AA Runner-Up
2016	Brodey Hasty	Brentwood	AAA Champion
2016	Taylor Vroon	Brentwood	AAA Runner-Up
2016	Annika Sleenhof	Ravenwood	AAA Runner-Up
2016	Carter Cheeseman	Brentwood Academy	DII-AA Champion
2016	Meredith Helton	Brentwood Academy	DII-AA Champion
2016	Claire Cheeseman	Brentwood Academy	DII-AA Runner-Up

Team State Champions and Runners-Up

1979	Northwest	Boys Champion
1981	Tullahoma	Girls Runner-Up
1981	Dickson County	Boys Runner-Up
1985	Gallatin	Girls Champion
1986	Gallatin	Girls Champion
1987	Brentwood Academy	Boys Champion
1989	Brentwood Academy	Girls Runner-Up
1990	Brentwood Academy	A-AA Boys Runner-Up
1990	Brentwood Academy	A-AA Girls Runner-Up
1991	Brentwood Academy	A-AA Boys Runner-Up
1992	Brentwood Academy	A-AA Girls Champion
1992	Brentwood Academy	A-AA Boys Runner-Up
1993	Brentwood Academy	A-AA Girls Runner-Up
1993	Brentwood Academy	A-AA Boys Champion
1994	Brentwood Academy	A-AA Girls Champion
2001	Brentwood Academy	DII Boys Runner-Up
2001	Brentwood Academy	DII Girls Runner-Up
2003	Brentwood Academy	DII Girls Runner-Up
2003	Siegel	AAA Boys Runner-Up
2004	Brentwood Academy	DII Girls Champion
2004	Brentwood Academy	DII Boys Champion
2006	Brentwood Academy	DII Boys Runner-Up
2008	Brentwood Academy	DII-AA Girls Runner-Up
2008	Station Camp	A-AA Boys Runner-Up
2010	Brentwood Academy	DII-AA Boys Runner-Up
2011	Brentwood Academy	DII-AA Boys Champion
2011	Greenbrier	A-AA Boys Runner-Up
2012	Brentwood Academy	DII-AA Boys Runner-Up
2012	Brentwood Academy	DII-AA Girls Runner-Up
2012	Macon County	A-AA Girls Runner-Up
2013	Central Magnet	A-AA Boys Champion
2013	Brentwood	AAA Boys Champion
2013	Brentwood	AAA Girls Runner-Up
2013	Brentwood Academy	DII-AA Boys Runner-Up
2013	Brentwood Academy	DII-AA Girls Champion
2014	University School of Nashville	DII-A Boys Runner-Up
2014	Brentwood Academy	DII-AA Boys Champion
2014	Brentwood	AAA Boys Runner-Up
2014	Brentwood Academy	DII-AA Girls Runner-Up
2015	Brentwood	AAA Boys Champion
2015	Brentwood Academy	DII-AA Boys Champion
2015	Brentwood	AAA Girls Runner-Up
2015	Brentwood Academy	DII-AA Girls Champion
2016	Page	A-AA Boys Runner-Up
2016	Central Magnet	A-AA Girls Champion
2016	Brentwood	AAA Boys Champion
2016	Wilson Central	AAA Boys Runner-Up
2016	Ravenwood	AAA Girls Champion
2016	University School of Nashville	DII-A Girls Runner-Up
2016	Brentwood Academy	DII-AA Boys Champion
2016	Brentwood Academy	DII-AA Girls Champion